



## COVID-19 INFORMATION

# Daily Symptom Screening Tool for Students, School Staff and Early Childhood Care Workers

# 1

### Initial Screening Questions

- Are you required to self-isolate due to travel from outside the NWT? Is anyone in your household required to self-isolate due to travel outside of the NWT?
- Have you had close contact with anyone who has tested positive for COVID-19 in the past 10 days?
- Have you been advised to isolate or self-isolate by ProtectNWT or a healthcare provider in the past 10 days?

If the answer is **YES** to one or all of the questions above, please stay home and contact public health for next steps.

If the answer to all questions is **NO**, move to Step 2.

# 2

### Do you have ANY of the following new or worsening symptoms?



Shortness of breath or difficulty breathing



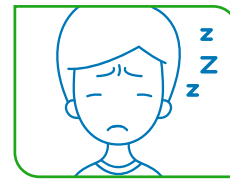
New or worsening cough



Fever



Loss of sense of smell or taste



Generally feeling unwell



Chills



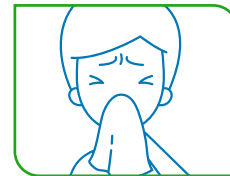
Muscle aches



Fatigue or weakness



Sore throat



Congestion or runny nose



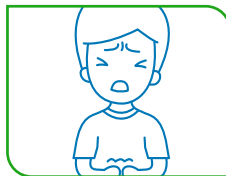
Headache



Diarrhea, nausea or vomiting



Loss of appetite



Abdominal pain



Skin changes or rash

If the answer is **YES**, please stay home and move to step 3 for guidance on arranging a healthcare assessment.

If the answer is **NO**, you can attend work or school.

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### 3

#### What to do next if you have any symptoms

- If you have the **shortness of breath or difficulty breathing** symptom – call 9-1-1.
- If you have ANY **symptoms**, take an at-home rapid antigen test or arrange for COVID-19 testing at your local health centre or the Yellowknife testing centre (booking available online) if living in Yellowknife.
- If you are worried about your condition, or have persistent symptoms please arrange for medical evaluation.

### 4

#### After you are assessed you will receive instructions about when you can return to work or school

If you receive a letter from a public health official follow the directions provided. If you did not receive a letter follow the directions provided in the "[Self-isolation, isolation and testing navigation tool](#)" on the GNWT COVID website.

**Please note:** For people with chronic symptoms such as seasonal allergies, your healthcare provider will provide specific guidance on whether re-testing will be required and how often.

#### Community Health Centre contact information

- Aklavik – 867-978-2516
- Behchokò – 867-392-6075
- Colville Lake – 867-709-2409
- Déljñę – 867-589-5555
- Dettah – 867-767-9120 (Yellowknife)
- Enterprise – 867-874-7201 (Hay River)
- Fort Good Hope – 867-598-3333
- Fort Liard – 867-770-4301
- Fort McPherson – 867-952-2586
- Fort Providence – 867-699-4311
- Fort Resolution – 867-394-4511
- Fort Simpson – 867-695-7000
- Gamèt – 867-997-3141
- Jean Marie River – 867-809-2900
- Łutselk'e – 867-370-3115
- Nahanni Butte – 867-602-2203
- Ndilò – 867-767-9120 (Yellowknife)
- Norman Wells – 867-587-3333
- Paulatuk – 867-580-3231
- Sachs Harbour – 867-690-4181
- Sambaa K'e – 867-206-2838
- Tsiigehtchic – 867-953-3361
- Tuktoyaktuk – 867-977-2321
- Tulita – 867-588-3333
- Ulukhaktok – 867-396-3111
- Wekweètì – 867-713-2904
- Whatì – 867-573-3261

#### Regional Centre Contacts

- Yellowknife: 867-767-9120 or book online at [www.nthssa.ca/en/services/coronavirus-disease-covid-19-updates](http://www.nthssa.ca/en/services/coronavirus-disease-covid-19-updates)
- Inuvik: 867-490-2225
- Fort Smith: 867-621-2233 or 867-872-0562
- Hay River: 867-874-8400 (between 08:30-16.30) ). After hours call Emergency Department at (867) 874-8050

If you are in the NWT and have any additional non-medical questions or concerns about COVID-19 – call 8-1-1.

**Thank you for keeping the NWT safe!**